John W. Reiley Elementary School

Roadrunner Report

April 2017

Volume V, Issue 9

Dates to Remember:
Tues/Thurs.-Marathon Club
Tues/Thurs.-Drama Club
Thurs. Chorus
4/10 SBDM Mtg. 4:00
4/10, 4/17 Mirror, Mirror Club
4/13 Spring Pictures
4/17 BOE Mtg. 6:00
4/18, 4/25 Young Rembrandts
4/19 Student Ambassadors
4/19 Bus Driver Appreciation Breakfast
4/21 5th Grade Museum Field Trip
4/21 1st Grade Field Trip
4/21 Mom/Son Dance 7:00-9:00
4/24 PTA 7:00
4/24-4/28 BOGO Book Fair Sale
4/27 4th Grade Field Trip
4/28 Bookfest and Author Visit

MAP Testing

Your children have worked so hard this school year! All students are taking the spring MAP assessment to show how much they've grown since the fall. Students are earning rewards for their progress and effort on the MAP assessments. Each grade level has developed incentives for the classrooms. The students are excited about this opportunity to have fun after working hard all year. Teachers will let you know when your child is testing. As the school year comes to an end in May it is important that students be here each day unless they are sick. We have many end-of-the-year activities we don't want them to miss.

The Last Day of School is Monday, May 22nd

#ROCKtheKPREP!

KPREP testing will be May 9-15. It will be vital that all students, especially 3rd-5th grade, be on time each day for this state assessment. Reiley has performed in the top 10% of all schools for several years. We are looking forward to continuing this success! We will be providing breakfast to all 3rd-5th grade students each morning of the test. Students in grades 3-5 will be assessed in reading, math, social studies, writing, and language arts. They have worked hard all year and now they get to show what they know!

KROGER COMMUNITY REWARDS FOR REILEY

Thank you for linking your Kroger Plus Card to Reiley. Kroger’s has informed us that our supporters DO NOT have to re-enroll their cards every year! This is GREAT NEWS!!! It is such an easy program that raises several hundred dollars for us just from your shopping! Reiley earns money from your shopping you keep all points earned. The only way for Reiley to benefit from this program is by our families linking their cards. Anyone can do this – parents, grandparents, uncles, aunts, friends and neighbors! Enrolling only takes a few moments. Please visit www.krogercommunityrewards.com and login or create an account using your Kroger Plus Card Number. Community Rewards Information for Reiley Elementary is NPO # 82913 or you can type in Reiley Elementary. Once enrolled just shop at Kroger’s and they will donate a portion of your shopping trip to Reiley. If you need assistance with your online account, please call the Kroger Community Rewards Tech Team at 1-866-221-4141. Thank you for your support in making Reiley great for our children!
Opportunities for Volunteers
We Need Your Help!

We need volunteers for Muffins with Mom on May 5th and on field day at the end of the school year. PTA will need your help in order to have these events. Please contact Stephanie Lause at mlause6@twc.com if you are willing to volunteer.

FUNDRAISER/SERVICE LEARNING
GOT LIDS?!

Reiley Elementary is collecting lids to turn into a bench for our playground. Over the summer we encourage you to begin collecting lids that will be recycled into a park bench. The following items can be collected:

- drink bottle caps
- medicine bottle caps
- milk jug caps
- detergent caps
- hair spray caps
- toothpaste tube caps
- deodorant caps
- flip-top caps (ketchup, mustard)
- spout caps (mustard)
- spray paint caps
- caps w/RECYCLE NUMBERS 2, 4, or 5
- cottage cheese container lids
- mayonnaise jar lids
- yogurt lids
- peanut butter jar lids
- cool whip container lids
- coffee can lids
- butter container lids

These items are NOT acceptable:
- metal of any kind
- drink bottles
- fast food drink lids
- food containers
- pumps
- grocery bags

It is time to think about whether you are interested in a leadership position at Reiley for next year. Site Base has two parent members each year. There may be officer positions open on the PTA board. Please watch for announcements about nominating and voting for PTA officers and parent members for our 2016-2017 SBDM and PTA. Please contact Susan Rath for more information about Site Base parent representatives or Melanie Dozier at kycats93mw@yahoo.com for PTA.

Elections will most likely take place on May 5th from 7:30-9:30 a.m. in the cafeteria.

Our next meeting is April 24th at 7:00. We would love to have you join us as we plan upcoming events and discuss events for next school year!

Text @f3gd7 to 81010 to get Roadrunner text messages.
Look us up on Facebook at Reiley Elementary School.
Follow us on Twitter @RESRocks
Mrs. Sebastian's Counselor Corner
April 2017

For the month of April, we will be doing a Student Success Skills Booster which focuses on goal-setting and self-management skills. A key self-management skill for students to focus on is staying calm and managing strong feelings. Throughout this lesson students will also review goal setting. We will review what a goal is and how to set goals that are specific, measurable, accurate, and realistic and time oriented. Since testing is right around the corner we will review strategies that students have identified in dealing with testing anxiety and stress management.

Please note that I will be out for the remainder of the school year on Maternity Leave and will have Cathy Barwell and Gayle Fleming, School Counseling Intern making sure that all students at Reiley are best getting their students’ needs met! Please feel free to reach out to them as needed.

Remember I can always be reached through email:
andrea.sebastian@campbell.kyschools.us

Parent Strategies for Reducing Test Anxiety

- Discuss the test openly and in a positive way.
- Have realistic expectations of your child’s performance while encouraging his/her best efforts.
- Emphasize that the test is only one measure of academic performance.
- Emphasize that test scores do not determine a person’s worth.
- Encourage your child to get adequate rest and eat enough.

Student Strategies for Reducing Test Anxiety

- Practice slow deep breathing techniques.
- Practice positive self-talk.
- Share your feelings of anxiety with parents and teachers.
- Get good rest and eat right.
- Think of the test as an opportunity to show what you know.
- Review homework and materials which pertain to the test topics.

Ease Your Test Stress with the DYNAMIC DOZEN!

1. Tell yourself you CAN do well. TEST stands for “Try Each Situation Through.” You get to show how much you have learned when you take a test...lucky you! And I get to see how much I have taught you... lucky me!
2. Don’t care...it’s hard on your brain! Instead, spend out your studying time over a few days or weeks. Practice doing sample problems and look over your class material every day until you take the test.
3. When you study, draw a picture of what you are learning inside your head.
4. Exercise every day. It will make you feel good and it’s good for your brain.
5. Get a good night’s sleep the right before you take your test so your brain will be rested and ready for action.
6. Stay relaxed. If you start to stress out right before a test, close your eyes, take a few deep breaths and go on a mini mental vacation. Think about your happiest place and let your mind go there for a few minutes...just don’t forget to come back!
7. Read the directions slowly and carefully. And if you don’t understand what they say, ask your teacher to explain them to you.
8. Skip the test so you know how long it is, and then you won’t spend too much time on any one question.
9. Write down the important stuff that you need to memorize. Formulas, facts, definitions, etc. Write them on the top or on the side of your test paper so they don’t clog up your brain and you don’t forget to use them.
10. Do the easy questions first to build your confidence. Then, you will have more time to work on the harder ones.
11. On multiple choice tests, cross out answers that don’t make sense. You can narrow down your choices.
12. Check a random 5. Pick any five questions, and recheck your answers. If you have time, recheck five more.

Tips and Pictures from Julia Cook
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<tr>
<td>Chicken Pattie on Bun Vegetable Toppings Baked Sweet Potato Fresh Broccoli Applesauce</td>
<td>Rotini Bread Stick Steamed Broccoli Diced Peaches</td>
<td>Tyson Chicken Tenders Green Beans Mashed Potatoes Gravy Roll Fresh Orange</td>
<td>Traditional Pizza Corn Spinach Salad Cherry Tomatoes Pineapple Tidbits</td>
<td>Corn Dog Bites or Fish Sandwich Mac &amp; Cheese Baked Beans Fresh Apple</td>
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<td>Hot Dog on Bun Doritos Baked Beans Fresh Broccoli Baked Sweet Potato Applesauce</td>
<td>Soft Taco - Beef or Chicken Fajita Salsa Refried Beans Romaine Diced Peaches Sour Cream Scoops</td>
<td>Chicken Rings Green Beans Mashed Potatoes Gravy Roll Fresh Orange</td>
<td>Fiestada or Cheese Pizza Corn Spinach Salad Cherry Tomatoes Pineapple Tidbits</td>
<td>Cheeseburger or Fish Sandwich Vegetable Toppings Oven Fries Steamed Carrots Fresh Apple</td>
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<td>Chicken Pattie on Bun Vegetable Toppings Baked Sweet Potato Fresh Broccoli Applesauce</td>
<td>Rotini Bread Stick Steamed Broccoli Diced Peaches</td>
<td>Popcorn Chicken Green Beans Mashed Potatoes Gravy Roll Fresh Orange</td>
<td>Quesadilla or Pepperoni Pizza Corn Spinach Salad Cherry Tomatoes Pineapple Tidbits Salsa Sour Cream</td>
<td>Corn Dog Bites or Fish Sandwich Mac &amp; Cheese Baked Beans Fresh Apple</td>
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**OTHER DAILY SELECTIONS:**
- Deli Sandwich
- Grilled Cheese Jammer
- Yogurt & String Cheese
- Assorted Fruits
- Assorted Vegetables
- Orange Juice
- 1% Milk
- FF Chocolate Milk
- FF Strawberry Milk
- FF Vanilla Milk

**Meal Pricing:**
- **Lunch Full Price:** $2.50
- **Reduced Lunch Price:** $0.40
- **Milk Only:** $0.50

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**USDA Nondiscrimination Statement**
Hey Dudes!
It's a 80's & 90's Throwback Dance

Calling all Boys!!
It's time to take it OLD SCHOOL with your Mom, Step-Mom, Aunt, Grandma or other Mentor in your life.
It's going to be an exciting night of Food, Games, DJ, Dance Contest & Photos.

Friday April 21st, 2017
at Reiley Elementary 7pm - 9pm
ADMISSION $5.00 per person
everything is included in the admission price meal: Salad, Pizza, & Dessert
Get On the VIP LIST Now Until Wednesday April 19th
a few last minute ENTRY will be available at door

Accommodations will be available for Sensory Processing

Wear your Best 80's & 90's Apparel

__________________________________________

Return this with your payment by April 19th
Checks can be made to Reiley PTA

Student__________________________________________
Teacher__________________________________________ Grade________
Number of Tickets________