January 2016

Happy New Year!

It's hard to believe that another year has gone by. 2015 was a wonderful year at Reiley and we are looking forward to even greater things for the new year. Most students are finished with their midyear MAP tests and teachers will send home reports about their progress sometime this month. MAP scores are a solid indication overall of how students will perform on the KPREP test in the spring. We will continue to focus on writing within all content areas as the school year progresses. Student writing has been a strength at Reiley and is a huge part of students scoring in the top ten percent in the state on assessments. The real-world requires us to write on-demand and demonstrate our capabilities. We are proud that our students are mastering this skill at an elementary level. This will only prove to help them later in their schooling and with their career.

Students should be reading at night and working on their reading goals. We know that readers become leaders! Compass Learning is also available to students at home through online access. All students have assignments and paths they can work on from home. Many students are registered on the xtramath.org and the links page on our website has several student sites highlighted. So when the kids say they are bored you have a several educational options to offer them!

We are collecting a couple items for community service projects. Our kindergarten is collecting used markers to recycle them and keep them out of landfills. We are also collecting toilet paper and paper towel rolls to be used in a downtown service project feeding the homeless. Both items can be sent in with your child and sent to the office.

Let's have a great 2016!

Reiley Rocks!

Susan Rath
Site Base Update

The Site Base Decision Making council (SBDM) is the governing body of a school. The council makes decisions that affect policies and procedures for areas such as curriculum, instructional practices, discipline, school schedule, and school space. Site Base did not meet in December. Our next meeting will be January 25th at 5:30 p.m. in the library. We will be approving the School Improvement Plan that is located in draft form on our webpage.

Check out This Link!

Cold, wintery days can be extended family time. It's also a time to learn together, and for many families nowadays, that means using gadgets—tablets, smartphones, and game consoles. As families share a story, play a game, or design a robot, time together means interacting with children in a fun way, and in the process, sparking their curiosity and creativity while helping them develop their language, science, and math skills. Check out this link to see some of following suggestions for apps that you can try, many of which are free or inexpensive to purchase.


Don't miss out on important phone calls from school—Make sure your current number is on file with the office. Important calls are made using the home telephone number. This includes calls for inclement weather!

PTA

The PTA is planning for several upcoming activities. The next meeting is January 25th at 7:00. Please plan to attend so you can find out how to help our programs be successful. Several students in our after school program will be putting on a drama for us. They have been working hard on this for several weeks. Come check it out before the meeting at 6:30 p.m.

Mrs. Sebastian, the school counselor, has attached the Counselor's Corner to this newsletter. Check it out!

VOLUNTEERS NEEDED

COSI is coming to Reiley Elementary on January 20th. This is a day full of fun educational activities. WE NEED SEVERAL VOLUNTEERS. If you can volunteer for this annual event, please contact Stephanie Lause at lause.sl@pg.com.

GET CONNECTED IN A NEW WAY

I am going to begin using Remind 101 to help get information out to you. It is a texting application that allows you to get texts from me regarding school news and updates. If you would like to get texts for school news, TEXT @f3gd7 to 81010 or visit this website to sign up - https://remind.com/join/f3gd7. You will then be signed up to receive my texts. Please contact me at school if you have questions or concerns.
Hello Roadrunners!
The academic and social/emotional aspects of the school counseling program are often times met with small group counseling and classroom guidance throughout the school day. Below are some tips for parents/guardians to try at home to enhance social/emotional learning there as well.

**Classroom Guidance**

We are continuing to use the evidence based counseling curriculum from Student Success Skills and Second Step which address the academic and personal/social aspects of a Comprehensive School Counseling Curriculum. We will be focusing on problem solving in the month of January when I will see all students twice.

**Group/Individual Counseling**

Please contact me via email or phone if you feel that your child could benefit from being included in a Small Group this Spring or needs more individual attention. I am really enjoying getting to know all of our Reiley students!

Email: andrea.sebastian@campbell.kyschools.us

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**Social and Emotional Learning: Strategies for Parents to Try at Home**

1. Be a good listener.
2. Model the behavior you seek. Whether it’s apologizing when you’re in the wrong or treating others with respect and kindness.
3. Nurture your child’s self-esteem. A child with a good sense of self is happier, more well-adjusted, and does better in school.
4. Respect differences. Every child has his or her own unique talents and abilities.
5. Take advantage of support services. Seek the advice and support of school counselors or other during times of family crisis, such as a divorce or the death of a close friend or family member.

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**ParkPals: Kindness Rules**

Explore the FUNdamentals of making friends!
This lively online game gives kids a safe, creative way to practice valuable social skills.

Educational and entertaining!
- Kids create colorful critters and put their social-emotional skills to the test
- Mini-games reinforce core social skills, such as how to be kind, fair, and safe
- Players earn points for making responsible choices as they navigate new social terrain

Download for Your Tablet

**Try out the new free app above that will help students practice the social skills being reviewed here at school.**
FRC Information:
Coordinator: Linda Cross
Linda.Cross@Campbell.KYSchools.US
Phone: GL 859-635-2129
Reiley 859-448-4854
Services Provided:
Child Care Information:
List available for adequate child care facilities
Basic Needs:
Refer families in need of food, clothing, school supplies, and holiday help etc. to appropriate agencies
Health:
Referrals for eye exams, health care, dental care, prevention programs such as Health & Safety Fair, 5-A-Day Challenge
Educational Support:
Family Literacy Nights, Family Fun Nights, Parenting Programs

Advisory Council Meetings
3:45 PM
Held at Southern CC Fire Dept.
Everyone is welcome
January-19
March-15
May-24

Ways to Boost Your Child’s Self-Esteem
Spend time alone with your child.
Allow your child to do something for themselves.
Speak to your child at eye level: Get on your knees for sit when speaking with them.
Avoid mixed messages: Don’t say one think and do another one. You are your child’s role model.
Make clear requests: Let your child know what it is you want them to do differently.
Express your anger responsibly.
Acknowledge your child’s abilities.
Respect your child’s possessions and personal space
Find something to appreciate daily: A child’s self-esteem improves if you enhance and recognize the good things about them and not only point out the bad.
Show unconditional love: Whatever your child does let them know that no matter what, they are valued and accepted.
NorthKey Regional Prevention Center

Dates of Interest
1-12 GLE Book Exchange
1-15 Reiley Book Exchange
1-18 No School Martin Luther King Day
1-29 GLE Winter Arts Festival

Healthy Eating
With all our New Year’s Resolutions here are a few things to help your family eat healthier.
1. Skip the salt: Skip adding while cooking and take the salt off the table during meals.
2. Fill up on veggies and fruit, they are naturally low in sodium.
3. Think Fresh: Many processed foods are very high in sodium especially cheesy foods like pizza, bacon, hot dogs, and deli meats.
4. Cook more at home: you can control what goes into your food.
5. Read labels: Look for low or reduced sodium on labels.

Book Exchange
Each month the Family Resource Center offers a book exchange for students that want to participate. On a specific day, (see dates above), during lunch, there will be many books displayed on a table for student to pick from. They need to bring a book from home to exchange. We do ask that students bring a book equal to the one they want to take. Example: a chapter book for a chapter book, a picture book for a picture book. This is just another way to get books into student’s hands and hopefully encourage reading. I look forward to talking about books with your students and hope they enjoy choosing a book to read on these cold winter nights.
Join us for our upcoming
Parent Success Skills Dinner Nights!
January 27th at 6 pm

Parent Success Skills provides a link to what the students are learning here at Reiley Elementary. Every student at Reiley is receiving the Student Success Skills curriculum. This curriculum focuses on teaching students’ self-management skills, learning skills as well as social skills.

Parent Success Skills program was developed to support the Student Success Skills program in order to help families, parents, children, students and teachers work together to support positive student skills both at home and at school.

The three specific goals of the Parent Success Skills program are: improving student academic and social performance by increasing child’s exposure of and mastery of “Student Success Skills” (SSS), providing parents with proven, effective tools and fostering family wellness.

The evidence-based curriculum has three different levels that will all be reviewed so this event is relevant for all parents. The Parent Success Skills Dinner Nights are the following evenings here at Reiley Elementary:

October 28th 6-7:15 pm
December 2nd 6-7:15 pm
January 27th 6-7:15 pm
February 24th 6-7:15 pm

Dinner will be provided at 6pm. There will be an activity for students to participate in while parent/guardian is at the workshop.

**Please return the slip below to RSVP for the January 27th event to Mrs. Sebastian, School Counselor (andrea.sebastian@campbell.kyschools.us). This will help give us a number for food preparation. Thank you! Also do not forget if you attended the first session and attend all four sessions, you will be entered to win a $50 Gift Card to Kroger.**

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Return to Mrs. Sebastian

We will attend the January 27th Parent Success Skills Dinner Night at 6pm.

Student Name ________________________________

Parent Name ________________________________

Number of attendants _____________
# Campbell County Elementary Schools

## Lunch

### MEAL PRICING:
- **Lunch Full Price**: $2.50
- **Reduced Lunch Price**: $.40
- **Milk Only**: $.50

## Lunch Menu

### January – March 2016

<table>
<thead>
<tr>
<th>WEEK</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Tyson Chicken Pattie on Bun Pickles, Lettuce &amp; Tomato Fresh Broccoli Baked Sweet Potato Applesauce</td>
<td>Soft Taco – Beef or Chicken Fajita Salsa Refried Beans Romaine Diced Peaches Sour Cream Scoops</td>
<td>Chicken &amp; Gravy Green Beans Mashed Potatoes Gravy Roll Fresh Orange</td>
<td>Pizza Corn Spinach Salad Cherry Tomatoes Pineapple Tidbits</td>
<td>Cheeseburger Fixings Oven Fries Steamed Carrot Slices Fresh Apple</td>
</tr>
<tr>
<td>2</td>
<td>Rotini or Chicken Alfredo Breadstick Steamed Peas Fresh Carrots &amp; Dip Applesauce</td>
<td>Salisbury Steak &amp; Gravy Noodles Roll Steamed Broccoli Diced Peaches</td>
<td>Tyson Chicken Tenders Green Beans Mashed Potatoes Gravy Roll Fresh Orange</td>
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</tr>
<tr>
<td>4</td>
<td>Rotini or Chicken Alfredo Breadstick Steamed Peas Carrot Sticks Applesauce</td>
<td>Salisbury Steak &amp; Gravy Noodles Roll Steamed Broccoli Diced Peaches</td>
<td>Tyson Chicken Tenders Green Beans Mashed Potatoes Gravy Roll Fresh Orange</td>
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</tbody>
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### OTHER DAILY SELECTIONS:
- Deli Sandwich
- Grilled Cheese
- Yogurt & String Cheese
- Assorted Fruits
- Assorted Vegetables
- Orange Juice
- 1% Milk
- FF Choc Milk

### Calendar

- **December 2015**
- **January 2016**
- **February 2016**
- **March 2016**