


ELEMENTARY BREAKFAST MENU

OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
Breakfast & Lunch are Free for all students!				Sausage or Egg Biscuit Fruit Juice Milk
4	5	6	7	8
Pancakes Fruit Juice Milk	Cinnamon or Banana Muffins Fruit Juice Milk	Biscuits & Gravy Fruit Juice Milk	Waffles Fruit Juice Milk	Sausage or Egg Biscuit Fruit Juice Milk
11	12	13	14	15
Cream Cheese Bagel Strawberry or Cinnamon Fruit/Juice Milk	Breakfast Pizza Fruit Juice Milk	Biscuits & Gravy Fruit Juice Milk	Mini Sausage Pancake Fruit Juice Milk	Sausage or Egg Biscuit Fruit Juice Milk
 <h1 style="font-size: 4em; margin: 0;">FALL BREAK</h1> 				
18	19	20	21	22
Pancakes Fruit Juice Milk	Donut Holes Fruit Juice Milk	Biscuits & Gravy Fruit Juice Milk	Cinni Minis Fruit Juice Milk	Sausage or Egg Biscuit Fruit Juice Milk
25	26	27	28	29
Cream Cheese Bagel Strawberry or Cinnamon Fruit/Juice Milk	Breakfast Pizza Fruit Juice Milk	Biscuits & Gravy Fruit Juice Milk	Waffles Fruit Juice Milk	Sausage or Egg Biscuit Fruit Juice Milk

Menus are subject to change due to availability

This institution is an equal opportunity provider

Daily Breakfast Options

Choose From

Daily Menu
Option

Poptarts &/or
Cereal

Donuts

Fruits, Juice and Milk are offered with every meal.

ELEMENTARY MENU OCTOBER 2021

Breakfast & Lunch are Free for students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				FRI-YAY!!!! Pizza/Fiestada Romaine Salad/Tomatoes Fruit Cup/Fresh Fruit Milk
4	5	6	7	8
BRUNCH FOR LUNCH Waffles Eggs/Bacon Fruit/Hash Rounds Milk/Juice	TACO TUESDAY Beef or Chicken Chips/Shells Lettuce/Salsa Fruit Cup/Fresh Fruit Milk	SOWARDS SALISBURY STEAK Mashed Potatoes/Gravy Green Beans/ Roll Fruit Cup/Fresh Fruit Milk	Burgers French Fries Fresh Veggies Fruit Cup/Fresh Fruit Milk	FRI-YAY!!!! Cheesy Bread/Fiestada Romaine Salad/Tomatoes Marinara Fruit Cup/Fresh Fruit Milk
11	12	13	14	15
Chili Spaghetti w/ Cheese Bread Broccoli Fruit Cup/ Milk	TACO TUESDAY	Chicken Pattie with Bun	Burgers	FRI-YAY!!!! Pizza/Fiestada Romaine Salad/Tomatoes Fruit Cup/Fresh Fruit Milk
FALL BREAK				
18	19	20	21	22
BRUNCH FOR LUNCH Waffles Eggs/Bacon Fruit/Hash Rounds Milk/Juice	TACO TUESDAY Beef or Chicken Chips/Shells Lettuce/Salsa Fruit Cup/Fresh Fruit Milk	CHICKEN BITES Mashed Potatoes/Gravy Green Beans / Rolls Fruit Cup/Fresh Fruit Milk	Burgers French Fries Fresh Veggies Fruit Cup/Fresh Fruit Milk	FRI-YAY!!!! Pizza/Fiestada Romaine Salad/Tomatoes Fruit Cup/Fresh Fruit Milk
25	26	27	28	29
All Beef Coneys Chili & Cheese Tater Tots/Fresh Veggies Fruit Cup/Fresh Fruit Milk	TACO TUESDAY Beef or Chicken Chips/Shells Lettuce/Salsa Fruit Cup/Fresh Fruit Milk	SOWARDS SALISBURY STEAK Mashed Potatoes/Gravy Green Beans/Roll Fruit Cup/Fresh Fruit Milk	Burgers French Fries Fresh Veggies Fruit Cup/Fresh Fruit Milk	FRI-YAY!!!! Cheesy Bread/Fiestada Romaine Salad/Tomatoes Marinara Fruit Cup/Fresh Fruit Milk



Alternate Lunch Options

Grilled Cheese

Yogurt Lunchable (Yogurt/ Cheese Stick/Chips)

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