

ELEMENTARY MENU DECEMBER 2021

Breakfast & Lunch are Free for students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		SOWARDS SALISBURY STEAK Mashed Potatoes/Gravy Green Beans Fruit Cup/Fresh Fruit Milk/Juice	Burger with Bun French Fries Fresh Veggies Fruit Cup/Fresh Fruit Milk/Juice	FRI-YAY!!!! Personal Pan Pizza/Fiestada Romaine Salad/Tomatoes Fruit Cup/Fresh Fruit Milk/Juice
6	7	8	9	10
All Beef Conneys Chili & Cheese Tater Tots/Fresh Veggies Fruit Cup/Fresh Fruit Milk/Juice	TACO TUESDAY Beef or Chicken Chips/Shells Lettuce/Salsa Fruit Cup/Fresh Fruit Milk/Juice	Chicken Pattie with Bun Roasted New Potatoes Green Beans Fruit Cup/Fresh Fruit Milk /Juice	Burger with Bun French Fries Fresh Veggies Fruit Cup/Fresh Fruit Milk/Juice	FRI-YAY!!!! Cheesy Bread/Fiestada Romaine Salad/Tomatoes Marinara Fruit Cup/Fresh Fruit Milk/Juice
13	14	15	16	17
BRUNCH FOR LUNCH Waffles Eggs/Bacon Fruit/Hash Rounds Milk/Juice	TACO TUESDAY Beef or Chicken Chips/Shells Lettuce/Salsa Fruit Cup/Fresh Fruit Milk/Juice	Burger with Bun French Fries Fresh Veggies Fruit Cup/Fresh Fruit Milk/Juice	HOLIDAY MEAL Turkey or Ham Mashed Potatoes/Gravy Green Beans / Rolls Fruit Cup/Fresh Fruit Milk/Juice	FRI-YAY!!!! Pizza/Fiestada Romaine Salad/Tomatoes Fruit Cup/Fresh Fruit Milk/Juice
20	21	22	23	24
Chili Spaghetti w/ Cheese Breakfast Brunch Fruit Cup Milk	TACO TUESDAY Beef or Chicken Chips/Shells Lettuce/Salsa Fruit Cup/Fresh Fruit Milk/Juice	Chicken Bites with Roll Fruit Cup/Fresh Fruit Milk/Juice	Burgers Fruit Cup/Fresh Fruit Milk/Juice	FRI-YAY!!!! Pizza/Fiestada Romaine Salad/Tomatoes Fruit Cup/Fresh Fruit Milk/Juice
WINTER BREAK				
27	28	29	30	31
BRUNCH FOR LUNCH Waffles Eggs/Bacon Fruit/Hash Rounds Milk/Juice	TACO TUESDAY Beef or Chicken Chips/Shells Lettuce/Salsa Fruit Cup/Fresh Fruit Milk/Juice	SOWARDS SALISBURY STEAK Mashed Potatoes/Gravy Green Beans Fruit Cup/Fresh Fruit Milk/Juice	Burgers Fruit Cup/Fresh Fruit Milk/Juice	FRI-YAY!!!! Pizza/Fiestada Romaine Salad/Tomatoes Fruit Cup/Fresh Fruit Milk/Juice
WINTER BREAK				

Alternate Lunch Options

Grilled Cheese

Yogurt Lunchable (Yogurt/Cheese Stick/Chips)

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This institution is an equal opportunity provider

ELEMENTARY BREAKFAST MENU

DECEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST & LUNCH ARE FREE FOR ALL STUDENTS.		1	2	3
		Biscuits & Gravy Fruit Juice Milk	French Toast Fruit Juice Milk	Sausage or Egg Biscuit Fruit Juice Milk
6	7	8	9	10
Cinni Mini Fruit Juice Milk	Muffins Fruit Juice Milk	Biscuits & Gravy Fruit Juice Milk	Pancakes Fruit Juice Milk	Sausage or Egg Biscuit Fruit Juice Milk
13	14	15	16	17
Cream Cheese Bagel Strawberry or Cinnamon Fruit/Juice Milk	Donut Holes Fruit Juice Milk	Biscuits & Gravy Fruit Juice Milk	Waffles Fruit Juice Milk	Sausage or Egg Biscuit Fruit Juice Milk
20	21	22	23	24
Cinni Mini Fruit Juice Milk	Breakfast Pizza	Biscuits & Gravy	French Toast	Sausage or Egg Biscuit Fruit Juice Milk
27	28	29	30	31
Cream Cheese Bagel Strawberry Fruit/ Milk	Muffins	Biscuits & Gravy	Pancakes	Sausage or Egg Biscuit Fruit Juice Milk

WINTER BREAK

WINTER BREAK

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Daily Breakfast Options
Choose From

Daily Menu Option	Poptarts &/or Cereal
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Fruits, Juice and Milk are offered with every meal.