

# CCMS BREAKFAST MENU

October 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Daily Alternate Breakfast Options</b></p> <p>Poptarts, Cereal, Donuts and Donut Holes</p> <p>Fruits, Juice and Milk are offered with every meal.</p>		<p><b>Breakfast &amp; Lunch are Free for all students!</b></p>		1
				<p>Chicken Waffle Sandwich Fruit Juice Milk</p>
4	5	6	7	8
<p>Strawberry or Cinnamon Cream Cheese Bagel Fruit Juice Milk</p>	<p>Bacon, Eggs &amp; Toast Fruit Juice Milk</p>	<p>Biscuits &amp; Gravy Fruit Juice Milk</p>	<p>Waffles Fruit Juice Milk</p>	<p>Glazed Donuts Fruit Juice Milk</p>
11	12	13	14	15
<p><b>**FALL BREAK**</b></p>				
18	19	20	21	22
<p>Cinni Mini Fruit Juice Milk</p>	<p>Egg Omelets Fruit Juice Milk</p>	<p>Biscuits &amp; Gravy Fruit Juice Milk</p>	<p>French Toast Stix Fruit Juice Milk</p>	<p>Chicken Waffle Sandwich Fruit Juice Milk</p>
25	26	27	28	29
<p>Strawberry or Cinnamon Cream Cheese Bagel Fruit Juice Milk</p>	<p>Bacon, Eggs &amp; Toast Fruit Juice Milk</p>	<p>Biscuits &amp; Gravy Fruit Juice Milk</p>	<p>Waffles Fruit Juice Milk</p>	<p>Glazed Donuts Fruit Juice Milk</p>

\*\*\*Menus are subject to change due to availability\*\*\*

This institution is an equal opportunity provider

# CCMS LUNCH MENU

# OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Daily Alternate Lunch Options</b> Grilled Cheese, Ham & Cheese Sub, Turkey & Cheese Sub Yogurt Lunchable (Yogurt/Cheese Stick/Muncie Snack Mix) Fruits, Veggies and Milk offered with every meal		<b>Breakfast &amp; Lunch are Free for all students!</b>		1 Pizza or Quesadilla Romaine Lettuce Salad/Tomatoes Corn/Salsa Fruit Milk
4	5	6	7	8
Chicken Alfredo or Meatballs & Sauce on Penne Pasta Garlic Breadstick Veggies Fruit Milk	<b>WALKING TACO TUESDAY</b> Beef or Chicken Chips/Shells Lettuce/Salsa/Pico Fruit Milk	Country Fried Steak Gravy Mashed Potatoes Green Beans Fruit Milk	<b>BRUNCH FOR LUNCH</b> Sausage Gravy Biscuits Eggs & Bacon Hashrounds Fruit Milk	Pizza/Fiestada Romaine Salad/Tomatoes Corn Fruit Milk
11	12	13	14	15
<div style="border: 1px solid black; padding: 20px; font-size: 2em; font-weight: bold; color: red;">                         **FALL BREAK**                     </div>				
18	19	20	21	22
Chicken Pattie w/ Bun Sweet Potato Waffle Fries Fruit Milk	Rotini or Ravioli Garlic Cheese Bread Carrots Fruit Milk	Chicken Tenders Mashed Potatoes Green Beans Rolls Fruit Milk	Pretzels and Cheese Tater Tots Broccoli Fruit Milk	Pizza or Quesadilla Romaine Lettuce Salad/Tomatoes Corn/Salsa Fruit Milk
25	26	27	28	29
Chicken Alfredo or Meatballs & Sauce on Penne Pasta Garlic Breadstick Veggies Fruit Milk	<b>WALKING TACO TUESDAY</b> Beef or Chicken Chips/Shells Lettuce/Salsa/Pico Fruit Milk	Country Fried Steak Gravy Mashed Potatoes Green Beans Fruit Milk	<b>BRUNCH FOR LUNCH</b> Sausage Gravy Biscuits Eggs & Bacon Hashrounds Fruit Milk	Pizza/Fiestada Romaine Salad/Tomatoes Corn Fruit Milk

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